

Through My Window



Your package contains:

- 1 A wood frame painted on the back by a FBT volunteer. You get to design the front!
- 2 A bag containing a brush and a container with non-toxic acrylic paint in one color to paint the front of your wood frame.
- 3 A glue pen to embellish your design and glue dots to create layers of design with the precut paper elements.
- 4 Small bags clearly marked step 1-2-3-4 to create your design.
- 5 A pencil you can use for sketching, shading and writing.
- 6 2 coloring cards with an original FBT design inspired by the theme "I Love Your Love."
- 7 A message card from another cancer patient, someone like you who is facing one of the most difficult times in their lives, someone that wants to encourage you to keep fighting.
- 8 A second message card for you to encourage another cancer patient. As you go through your journey, there is often a measure of wisdom, advice, and hope you gather that can brighten another cancer patient's day.
- 9 A Jumbo card that asks "What do you see through your window?" You can fill it with your own words, a drawing inspired by what you see through your physical or metaphorical window, or a coloring design from your imagination.
- 10 A clear picture of how your frame will look like after doing the embellishment.

Website support:

On our site you will find a video tutorial to help walk you through embellishing your picture frame. You will be able to listen to two original songs written for you by local musicians, Rachel Noel and Tom Willner. You will also find the opportunity to read or listen to a story created for cancer patients. It is the story of a young girl named Luna who learns to find beauty in the simple things. There is also a gallery where you will be able to view other patients' work. If you would like to see your work in our gallery, send us an email at info@feelbeautifultoday.org or text us, and send us your image to 770)757-1188.

"I Love Your Love" story:

Every human holds someone dear close to their heart. Our memories of them allow us to close our eyes and feel joy at the thought of them, their support, and how they love us. As the days are difficult, we want to offer the opportunity for you to remember that person and use it as a way to encourage you and remind you to have hope.